

Symptom Sheet

PTSD-Flashbacks

Canna Farms produces three products that are reported to reduce Post Traumatic Stress Disorder (PTSD) flashbacks, with **minimal negative side effects**. The top Canna Farms products are reported to provide a **slightly higher reduction in flashbacks** on average vs. non-Canna Farms products (47% vs 43% reduction in flashbacks or "efficacy"). Canna Farms products are also reported to have lower negative side effects on average than non-Canna Farms products. Specifically, only 2.0% of side effects from Canna Farms products are reported as uncomfortable or distressing vs. an average of 3.4% among non-Canna Farms products.

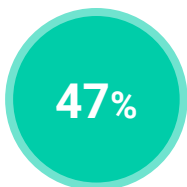
The most efficacious Canna Farms products for PTSD flashbacks are Girl Scout Cookies, Pink Kush and Critical Super Silver Haze, all of which are THC dominant with THC in the range of 16% - 21%. NOTE: THC is the chemical ingredient that is known to give a euphoric 'high' feeling. Due to their potency, these products are recommended for night time use. **Critical Super Silver Haze**, however, has the lowest THC at 16% and more reported side effects that makes it more suitable for daytime use, with less severe flashbacks. **Girl Scout Cookies and Pink Kush**, on the other hand, report more 'nighttime' effects. So, patients may also choose to use these products to help sleep.

The top Canna Farms products tend to be smoked more than vaped, although higher efficacy is reported when vaped. Recommended dosing for these products, based on reported outcomes, is as follows:

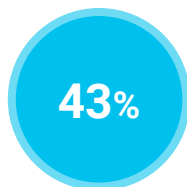
- **Girl Scout Cookies** is recommended to be vaped up to 5 times a day for maximum benefit. It is suggested to be used later in the day or when the patient does not need to be highly functional, due to the intoxicating effect of the higher level of THC.
- **Pink Kush** is recommended to be vaped up to 4 times per day, also at nighttime.
- **Critical Super Silver Haze** is recommended to be vaped twice a day and is suitable for daytime use.
- All strains are reported to provide **optimal efficacy at 8 - 10 inhalations**. So, a conservative guide would be to start at 8 inhalations and titrate up as necessary.

All data was gathered on the Strainprint App. from March 2017 to April 2020
 Base Sizes: All PTSD-Flashbacks ePRO Records excluding Canna Farms: Users (n=721), ePRO's (n=7994)
 All PTSD-Flashbacks Records for Canna Farms: Users (n=181), ePRO's (n=1823)
 Canna Farms Girl Scout Cookies: Users (n=64), ePRO's (n=545); Canna Farms Pink Kush: Users (n=50), ePRO's (n=177)
 Canna Farms Critical Super Silver Haze: Users (n=17), ePRO's (n=152)

Efficacy of Top Canna Farms Products



On average, the top 4 Canna Farms Products are reported to provide 47% efficacy (a 47% reduction in PTSD flashbacks).

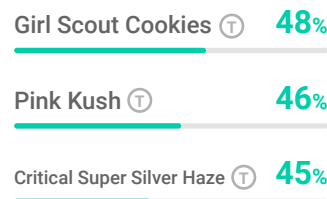


On average, non-Canna Farms products are reported to provide 43% efficacy (a 43% reduction in PTSD flashbacks).

Strainprint Terminology

Positive Effects	Neutral Effects
<ul style="list-style-type: none"> • Aroused • Comfortable • Creative • Dreamy ☾ • Energized ☀ • Euphoric • Focused ☀ • Giggly • Happy • Light • Motivated ☀ • Pain Free • Positive • Refreshed ☀ • Relaxed • Talkative • Upbeat ☀ • Less Aware of Pain 	<ul style="list-style-type: none"> • Couch Locked ☾ • Foggy ☾ • Forgetful • Hungry • Lethargic ☾ • Red Eyes • Restless • Sleepy ☾ • Thirsty • Tired ☾ • Zoned Out ☾
	Negative Effects
	<ul style="list-style-type: none"> • Anxious • Dizzy • Headache • Nauseous • Paranoid • Racing Heart

Best Canna Farms Strains % efficacy



Disclaimer: The purpose of this symptom sheet is to share data on subjective patient experiences, NOT to provide diagnosis or treatment recommendations. This symptom sheet will NOT provide you with information related to the specific health risks of individuals, nor is it designed or intended to be a substitute for advice from a medical or healthcare practitioner. No information contained in this symptom sheet or in any Strainprint software or on any Strainprint website is provided with the intention of giving medical advice or instructions on the accurate use of cannabis. Strainprint does not recommend or endorse any specific products, brands, treatment plans, consumption methods, procedures, opinions or other information that may be mentioned within this symptom sheet. You should always consult a healthcare professional for medical advice before using cannabis.

Strain Composition

thc

Girl Scout Cookies ⓘ

Product Format **THC**

THC Content **20.0%**

CBD Content **0.04%**

Pink Kush ⓘ

Product Format **THC**

THC Content **20.6%**

CBD Content **0.01%**

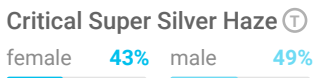
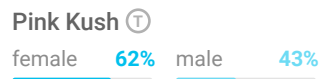
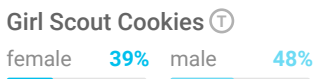
Critical Super Silver Haze ⓘ

Product Format **THC**

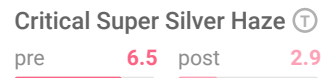
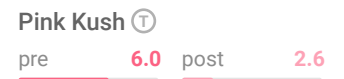
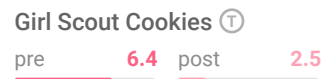
THC Content **16.1%**

CBD Content **0.04%**

Usage & Efficacy by Gender % efficacy



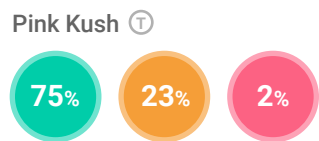
Pre & Post Medication Scores



Emotive Effects

● positive ● neutral ● negative

Negative Effects

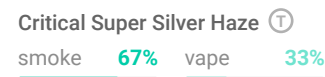
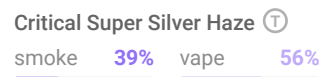
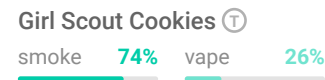


Smoke vs Vape: Efficacy, Usage, & Dose

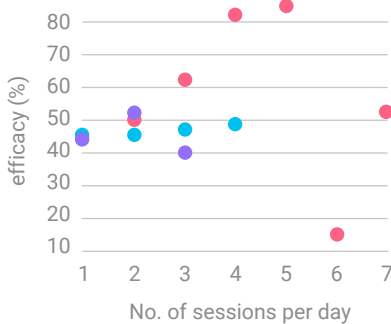
OPTIMAL DOSE IS 8 - 10 INHALATIONS

EFFICACY (%)

USAGE (%)



Efficacy & Frequency



OPTIMAL EFFICACY

- **Girl Scout Cookies** ⓘ up to 5 sessions
- **Pink Kush** ⓘ up to 4 sessions
- **Critical Super Silver Haze** ⓘ up to 2 sessions

Day vs Night Usage & Effects

☀ day ☾ night

