

Symptom Sheet

Headache

Canna Farms produces three products that are reported to reduce headaches with **minimal negative side effects**. The top Canna Farms products are reported to provide a **significantly higher reduction in the pain of a headache** on average vs. non-Canna Farms products (51% vs 37% reduction in headache pain or "efficacy"). Canna Farms products are also reported to have considerably fewer negative side effects on average than non-Canna Farms products. Specifically, only 1.4% of side effects from Canna Farms products are reported as uncomfortable or distressing vs. an average of 4.1% among non-Canna Farms products.

The most efficacious Canna Farms products for headaches are **Girl Scout Cookies, Canna Oil 20-0, Pink Kush and Canna Bliss**. Girl Scout Cookies and Pink Kush are **dried flower**, while Canna Oil 20-0 is an **oil**. All are **THC dominant with approximately 20% THC**. NOTE: THC is the chemical ingredient that is known to give a euphoric 'high' feeling. Due to their THC potency, these products are recommended for **nighttime use, although Canna Oil** users also report substantial daytime effects, possibly due to its nature as an oil. **Canna Bliss is a CBD dominant** strain. CBD is a chemical ingredient that is known to be non-intoxicating, which makes Canna Bliss more suitable for **daytime** use. It is also used more often by **women**.

The top Canna Farms products are reported to provide comparable efficacy when smoked or vaped. Recommended dosing for these products, based on reported outcomes, is as follows:

- **Girl Scout Cookies and Pink Kush** are recommended to be dosed up to 3 times per day for maximum benefit. It is suggested that these products be used later in the day due to the sleepy and intoxicating effect of the higher level of THC.
- **Canna Bliss** recommended to be dosed twice a day and is suitable for daytime use.
- All flower strains are reported to provide **optimal efficacy at 8 - 10 inhalations**. A conservative guide would be to start at 8 inhalations and titrate up as necessary.
- **Canna Oil 20-0** is recommended to be dosed up to 3 times per day, with 0.5 - 0.75 mL per dose

All data was gathered on the Strainprint App. from March 2017 to April 2020
 Base Sizes: All Headache ePRO Records excluding Canna Farms: Users (n=2470), ePRO's (n=30787)
 All Headache Records for Canna Farms: Users (n=742), ePRO's (n=18569)
 Canna Farms Canna Bliss: Users (n=82), ePRO's (n=230); Canna Farms Canna Oil 20-0: Users (n=31), ePRO's (n=103);
 Canna Farms Girl Scout Cookies: Users (n=243), ePRO's (n=2204); Canna Farms Pink Kush: Users (n=193), ePRO's (n=796)

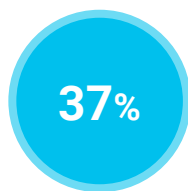
Strainprint Terminology

Positive Effects	Neutral Effects
<ul style="list-style-type: none"> • Aroused • Comfortable • Creative • Dreamy ☾ • Energized ☀ • Euphoric • Focused ☀ • Giggly • Happy • Light • Motivated ☀ • Pain Free • Positive • Refreshed ☀ • Relaxed • Talkative • Upbeat ☀ • Less Aware of Pain 	<ul style="list-style-type: none"> • Couch Locked ☾ • Foggy ☾ • Forgetful • Hungry • Lethargic ☾ • Red Eyes • Restless • Sleepy ☾ • Thirsty • Tired ☾ • Zoned Out ☾
	Negative Effects
	<ul style="list-style-type: none"> • Anxious • Dizzy • Headache • Nauseous • Paranoid • Racing Heart

Efficacy of Top Canna Farms Products

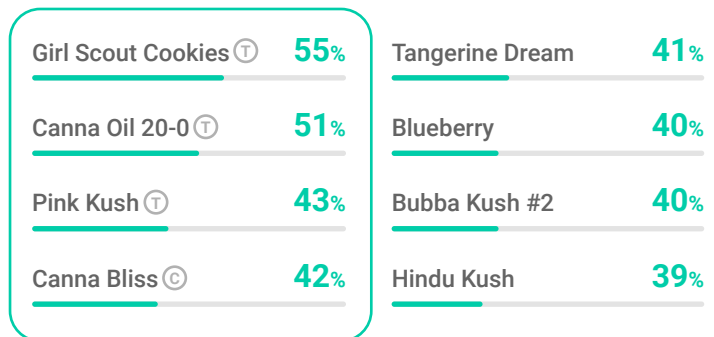


On average, the top 4 Canna Farms Products are reported to provide 51% efficacy (a 51% reduction in headaches).



On average, non-Canna Farms products are reported to provide 37% efficacy (a 37% reduction in headaches).

Best Canna Farms Strains % efficacy



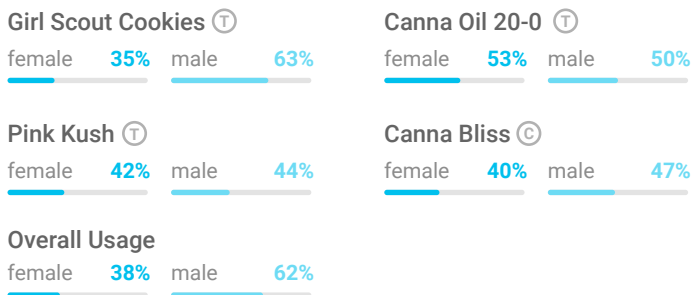
Disclaimer: The purpose of this symptom sheet is to share data on subjective patient experiences, NOT to provide diagnosis or treatment recommendations. This symptom sheet will NOT provide you with information related to the specific health risks of individuals, nor is it designed or intended to be a substitute for advice from a medical or healthcare practitioner. No information contained in this symptom sheet or in any Strainprint software or on any Strainprint website is provided with the intention of giving medical advice or instructions on the accurate use of cannabis. Strainprint does not recommend or endorse any specific products, brands, treatment plans, consumption methods, procedures, opinions or other information that may be mentioned within this symptom sheet. You should always consult a healthcare professional for medical advice before using cannabis.

Strain Composition

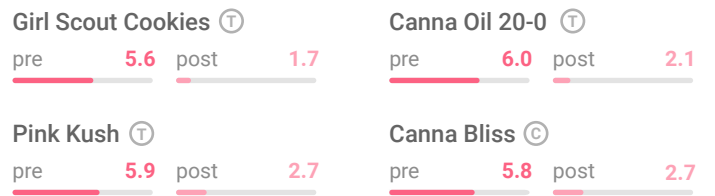
© cbd ⓘ thc

Strain	Product Format	THC Content	CBD Content
Girl Scout Cookies ⓘ	Flower	19.9%	0.03%
Canna Oil 20-0 ⓘ	Oil	20.2%	0.4%
Pink Kush ⓘ	Flower	20.1%	0.04%
Canna Bliss ©	Flower	0.9%	18.5%

Usage & Efficacy by Gender % efficacy

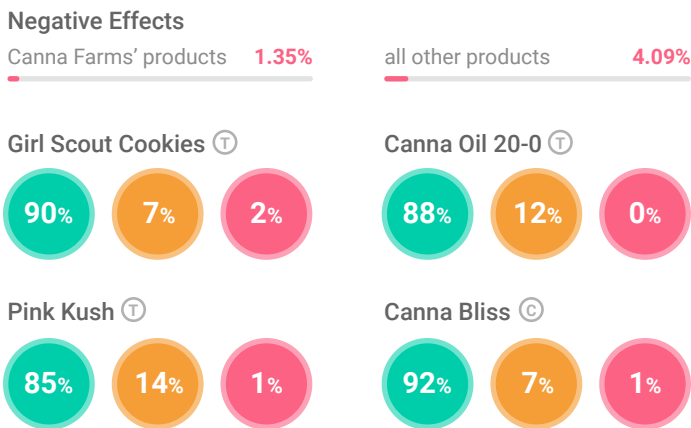


Pre & Post Medication Scores

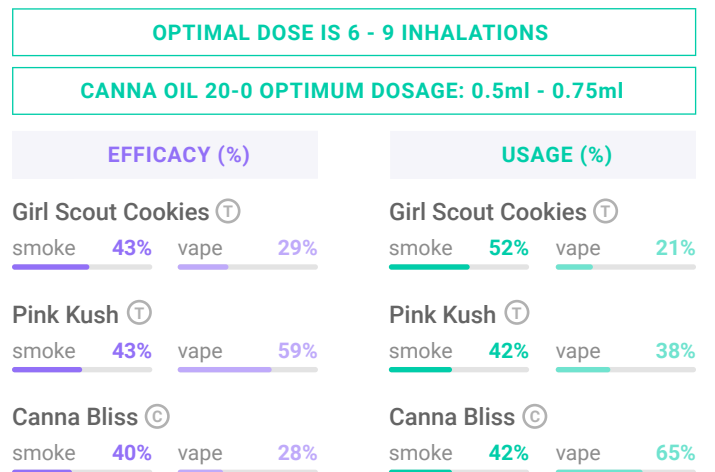


Emotive Effects

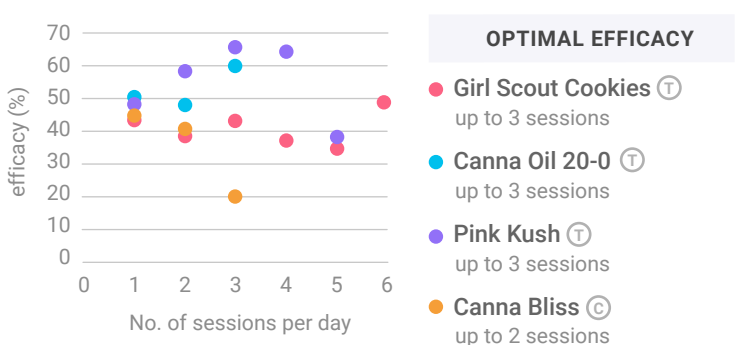
● positive ● neutral ● negative



Smoke vs Vape: Efficacy, Usage, & Dose



Efficacy & Frequency



Day vs Night Usage & Effects

☀ day 🌙 night

